

PRELIMINARY PROGRAM

November 5-6, 2025 International Days at IHSM
"Global Perspectives in Nutrition & Dietetics Education"

Target Audience: Medical students, young professionals, faculty members, international participants
Format: Hybrid (in-person and online participation)

November 5, 2025: Current Global Status and Best Practices

- 14:00-14:30: Opening Ceremony
 Welcome address by IHSM Rector Dr. Stalbek Akhunbaev
 BERNICA Project overview and achievements Dr. Kenesh Dzhusupov
 Introduction of international speakers Dr. Kenesh Dzhusupov
- 14:30-15:30: Keynote Session: Global Trends in N&D Education
 "European Standards in Nutrition & Dietetics
 Programs" Dr. Manuela Konrad
 Integration of N&D in Medical Curricula:
 International Perspectives" Dr. Indrani Kalkan
- 15:30-16:00: Coffee Break & Networking
- 16:00-17:30: Panel Discussion: Regional Challenges and Solutions
 Moderator: BERNICA Project Coordinator, Dr. Kenesh Dzhusupov
 Panelists from all partner countries: KG, KZ, UZ, and TJ
 Topics: Curriculum adaptation, cultural considerations, professional recognition
 Day 1 Wrap-up & Preview of Day 2
- 19:00-21:00: Dinner

November 6, 2025: Innovation and Future Directions

- 9:00-9:10: Day 2 Opening
 Recap of Day 1 highlights
 Introduction to master classes and innovative learning approaches
- 9:10-11:00: Master Classes
 Session A: Evidence-Based Nutrition Practice Dr. Indrani Kalkan
 Session B: Digital Tools in Nutrition Education Dr. Manuela Konrad
 Session C: Community Nutrition Programs Dr. Arailym Beisbekova
- 11:00-11:30: Coffee Break
- 11:30-13:00: Student Research Presentations
 Selected student projects from BERNICA N&D courses (KazNMU, TSMU, OSU, IHSM)
 Poster session with peer review
 Awards for the best presentations
- 13:00-14:00: Lunch Break
- 14:00-15:00: Innovative Learning Scenarios Showcase
 Demonstration of BERNICA digital applications Representative of KMU
 Interactive b-learning modules presentation Representative of OSU
 Laboratory equipment utilization examples Representative of TSMU
- 15:00-16:00: Career Opportunities Panel. Collaborative Projects Planning

	Professional Pathways in N&D	All partners
	Industry representatives, clinical nutritionists, researchers	
	Q&A with students	
	Future regional cooperation opportunities	All partners
	Joint research initiatives	
	Student exchange possibilities	
16:00-16:30:	Coffee Break	
16:30-17:00:	Closing Ceremony	
	Summary of key outcomes	Project Coordinator, Dr. Kenesh Dzhusupov
	Certificate distribution	
	Group photo and networking	

BERNICA International Conference

"Transforming Nutrition & Dietetics Education in Central Asia: Achievements and Future Perspectives"

Location: International Higher School of Medicine, Bishkek, Kyrgyzstan

Target Audience: International experts, policy makers, university administrators, faculty, students, stakeholders

DAY 1, Nov 7, 2025: PROJECT ACHIEVEMENTS AND IMPACT ASSESSMENT

8:30-9:00:	Registration & Welcome Coffee	
9:00-10:00:	Opening Ceremony Welcome by the International Higher School of Medicine Rector Greetings from the Ministry of Education representatives Greetings from the EU Erasmus+ Programme Officer and the National Erasmus+ Officer BERNICA Project Coordinator opening address Overview of conference objectives	
10:00-11:00:	Keynote: "Transforming Medical Education through N&D Integration" Q&A session	FHJ or IMU, other EU or Thailand expert?
11:00-11:30:	Coffee Break & Exhibition Setup	
11:30-12:30:	Session 1: Project Results Presentation Comprehensive overview of BERNICA's achievements Statistical analysis of project impact Presentation of all deliverables and outputs	Project coordinator Dr. Aliia Bazhanova Dr. Aliia Bazhanova
12:30-13:30:	Lunch Break	
13:30-15:00:	Session 2: Curriculum Development Outcomes New N&D courses and modules overview Shared modules presentation Bologna compliance and ESG standards implementation	FHJ TSMU ATSMU
15:00-15:30:	Coffee Break	
15:30-17:00:	Session 3: Capacity Building Results Trainer development program outcomes Equipment and infrastructure improvements Professional English language enhancement results	IMU KazNMU OSU
17:00-18:00:	Exhibition & Poster Session Project materials display Student work exhibition Interactive demonstrations	
19:00:	Dinner & Cultural Program	

DAY 2, Nov. 8, 2025: QUALITY ASSURANCE AND SUSTAINABILITY POLICY IMPLICATIONS AND WAY FORWARD

9:00-9:30:	Day 2 Opening	
9:30-10:30:	Session 4: Quality Assurance Framework QA methodology presentation	Dr. Khuseyn Nazarzoda, ATSMU

	External audit results Self-monitoring system outcomes	Mr. Shaten Toktogaziev Bukhara SMI
10:30-11:00:	Coffee Break	
11:00-12:30:	Session 5: Innovation in Teaching and Learning. Research Capacity Development Innovative Learning Scenarios (ILS) showcase Digital applications and b-learning results Laboratory integration success stories "A Guide in Research Methods in N&D" presentation Research outcomes and publications Future research directions	Khatlon SMU KazNMU Karaganda MU IMU OSU IMU
12:30-13:30:	Lunch Break	
13:30-15:00:	Session 6: Panel Discussion: Sustainability and Future Development Long-term sustainability strategies Institutional commitment and support Regional cooperation mechanisms Future collaboration planning Action plan development	FHJ IMU ??? Project coordinator Project coordinator
15:00-15:30:	Coffee Break	
15:30-17:00:	Session 7: Policy and Regulatory Framework ????? Impact on national education policies Professional recognition and accreditation Regional harmonization opportunities	
17:00-18:00:	Session 8: Stakeholder Perspectives ????? Ministry representatives presentations Healthcare sector feedback Student and graduate testimonials Conference Declaration Drafting Committee Report	
18:00-18:30:	Closing Ceremony Conference Declaration adoption Final remarks from all partner institutions Certificate and award distribution Closing address by Project Coordinator	
19:00-21:00:	Farewell Dinner	